



YMCA Camp Sloper Outdoor Center

Southington-Cheshire Community YMCAs

7th Annual YMCA Polar Plunge

The YMCA invites you to join our 7th Annual YMCA Polar Plunge, Saturday, January 21, 2012.

This year we have formed seven teams to collaborate on this community effort to help kids:

Team Southington Police – led by **Commissioner Steve Pestillo & Lieutenant Ed Pocock**

Team Southington Fire Department – led by **Fire Chief Buddy Clark**

Team Board of Education – led by **BOE Chair Brian Goralski & SHS Teacher Bob Lasbury**

Team YMCA – led by **Camp Director Mark Pooler & Executive Director John Myers**

Team Southington Politicians – led by **Former Town Councilor Mike Riccio**

Team Calvanese Foundation – led by **Foundation Member Lauren Forgione & Aqua Turf Staff Don Jenkins**

2012 Feature Team:

“Team Southington” led by Town Manager, Garry Brumback

Open to all Town Employees and Residents who want to take the plunge

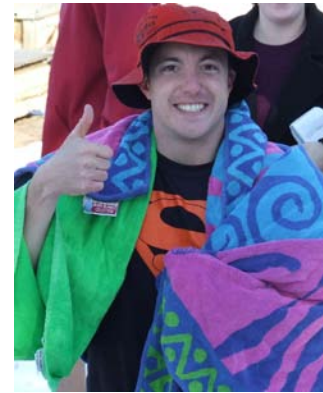
All proceeds go towards the YMCA Annual Strong Kids Campaign which provides camp scholarships for children in Southington to attend YMCA Camp Sloper over the summer!

Date: Saturday, January 21, 2012

Time: 12:30pm – 1:00pm for check-in*
1:00pm - YMCA Polar Plunge

Location: YMCA Camp Sloper

**Check-in will be at the Camp Office in the McLeod Pavilion*



“It’s for the kids!”-Mark Pooler – 6 year Plunger

To participate in the plunge this year, you will need to meet the following criteria:

- Minimum of 18 years of age
- Obtain sponsorships for yourself totaling a **minimum of \$100 per plunger**; all pledges must be collected and turned in at the time of registration on January 21, 2012. Check made payable to the Southington Community YMCA
- All plungers must have a signed waiver form completed prior to taking the plunge
- All plungers must pre-register with one of the Team Captains above; please fill out and return the enclosed pledge form to your team captain or Mark Pooler, YMCA Camp Sloper, 29 High St, Southington, CT 06489

For additional information, please contact Mark Pooler, Outdoor Center Director at 860.621.8194 ext. 304 or at mpooler@southington-cheshireymca.org

YMCA Camp Sloper Outdoor Center

Program Center of the Southington-Cheshire Community YMCAs

1000 East Street, Southington, CT 06489 860-621-8194 – www.ymcacampsloper.org

YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all. Financial assistance available for qualifying individuals and families. The YMCA is a not-for-profit 501(c)(3) organization.



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YMCA Polar Plunge

Waiver and Release Agreement

PLEASE READ CAREFULLY BEFORE SIGNING.

THIS IS A RELEASE OF LIABILITY AND WAIVER OF CERTAIN LEGAL RIGHTS.

In consideration of my being permitted to participate in the YMCA Camp Sloper's Polar Plunge, I agree to the following waiver and release.

I, _____, have voluntarily elected to participate in YMCA Camp Sloper's Polar Plunge. I fully understand the risks, which can include injury and/or death, of jumping into the waters of Sloper Pond on **January 21, 2012**. I understand the risks of exposing myself to cold water and/or cold weather (snow, sleet, rain, wind, etc) while participating in the YMCA Polar Plunge. I agree to hold harmless the Southington-Cheshire Community YMCAs for any injuries or accidents acquired from my participating in the YMCA Polar Plunge. I hereby confirm that I am in good physical condition and do not suffer from any disabilities or physical conditions that place me at risk or otherwise prohibit my participation in the Polar Plunge. Furthermore, in consideration of my participation in this program, I myself, my heirs and assigns, release the Southington-Cheshire Community YMCAs (employees, officers, volunteers or sponsors), from any claims, demands and/or causes of action arising in this event. I agree to let the YMCA use any and all pictures, slide shows, newspaper and magazine articles, brochures, TV and video coverage from the YMCA Polar Plunge.

I HEREBY AFFIRM THAT I FULLY UNDERSTAND THE PRECEDING PARAGRAPHS AND VOLUNTEER TO PARTICIPATE IN THE YMCA POLAR PLUNGE AT MY OWN RISK.

Participant (Print) _____

Participant (Signature) _____ Date: _____

Participant Address _____

Town _____ State _____ Zip Code _____

Participant Phone # _____ Participant Email _____

Witness (Print) _____

Witness (Signature) _____ Date: _____

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