

Southington-Cheshire Community YMCA Gym Schedule

Effective August 28 to October 8, 2011

MONDAY		
TIME	GYM A	GYM B
5:00-7:00 AM	Adult Basketball	Adult Basketball
7:00-8:45 AM	SACC	SACC
8:45-12:00 PM	Open Gym	Open Gym
12:00-2:00 PM	Adult Gym	Adult Gym
2:00-3:00 PM	HS Basketball	MS Basketball
3:00-5:00 PM	SACC	HS/MS Basketball
5:00-6:30 PM	Adult 30+	Adult Basketball
6:30-10:00 PM	Open Shooting	Open Basketball
TUESDAY		
TIME	GYM A	GYM B
5:00-7:00 AM	Adult Basketball	Adult Basketball
7:00-8:45 AM	SACC	SACC
8:45-12:00 PM	Open Gym	Open Gym
12:00-2:00 PM	Adult Gym	Adult Basketball
2:00-3:00 PM	HS Basketball	MS Basketball
3:00-5:00 PM	SACC	HS/MS Basketball
5:00-6:30 PM	Adult 30+	Adult Basketball
6:30-10:00 PM	Open Shooting	Open Basketball
WEDNESDAY		
TIME	GYM A	GYM B
5:00-7:00 AM	Adult Gym	Adult Gym
7:00-8:45 AM	SACC	SACC
8:45-12:00 PM	Open Gym	Open Gym
12:00-2:00 PM	Adult Gym	Adult Gym
2:00-3:00 PM	HS Basketball	MS Basketball
3:00-5:00 PM	SACC	HS/MS Basketball
5:00-6:30 PM	Adult 30+	Adult Basketball
6:30-10:00 PM	Open Shooting	Open Basketball
THURSDAY		
TIME	GYM A	GYM B
5:00-7:00 AM	Adult Gym	Adult Gym
7:00-8:45 AM	SACC	SACC
8:45-12:00 PM	Open Gym	Open Gym
12:00-2:00 PM	Adult Gym	Adult Gym
2:00-3:00 PM	HS Basketball	MS Basketball
3:00-5:00 PM	SACC	HS/MS Basketball
5:00-6:30 PM	Adult 30+	Adult Basketball
6:30-9:00 PM	Teen Intramurals	Teen Intramurals
9:00-10:00 PM	Open Shooting	Open Basketball
REVISED 8/25/11		

FRIDAY		
TIME	GYM A	GYM B
5:00-7:00 AM	Adult Basketball	Adult Basketball
7:00-8:45 AM	SACC	SACC
8:45-12:00 PM	Open Gym	Open Gym
12:00-2:00 PM	Adult Gym	Adult Gym
2:00-3:00 PM	HS Basketball	MS Basketball
3:00-5:30 PM	SACC	HS/MS Basketball
5:30-10:00 PM	Open Shooting	Open Basketball
SATURDAY		
TIME	GYM A	GYM B
6:00 AM-6:00 PM	Open Gym	Open Gym
SUNDAY		
TIME	GYM A	GYM B
7:00-9:00 AM	Open Gym	Open Gym
9:00 AM-12:00 PM	Adult Gym	Adult Gym
12:00-2:00 PM	Family Gym	Family Gym,
2:00-5:00 PM	Open Gym	Open Gym
<p>The Southington Community YMCA reminds you of our Membership Code of Conduct:</p> <ul style="list-style-type: none"> * Members are expected to conduct themselves according to the YMCA character development values of Caring, Honesty, Respect and Responsibility. * Anyone fighting, using foul language, being disrespectful or otherwise acting inappropriately will be asked to leave the YMCA. * Members are responsible for their guests. * Please see the YMCA Staff with any problems or concerns. 		
<p>SACC - School Age Child Care Middle School - Grades 6, 7,& 8 High School - Grades 9, 10, 11 & 12 Adults - 18 years and over</p>		
<p>Southington-Cheshire Community YMCAs 29 High Street, Southington, CT 06489 (860) 628-5597 Fax (860) 628-6499</p> <p>Financial assistance is available to qualifying individuals and families. www.southington-cheshireymca.org</p> <p>YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all. The YMCA is a not-for profit 501c(3) organization.</p>		

