

# SOUTHINGTON COMMUNITY YMCA POOL SCHEDULE

**THE POOL SCHEDULE IS EFFECTIVE SEPTEMBER 6th – MARCH 25, 2012**

Please note MON-WED-FRI 4PM swim time. Pool will be open for open/family swim from 4-5:30 until Friday Sept 16<sup>th</sup> and then change to the new 4-4:45 time.  
Please check monthly pool calendar for additional pool time.

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>ADULT SWIM/High School Lap Swim</b> All lanes must be shared no exceptions. Number of lanes available depends on number of participants in the pool.	9:00AM-11:00AM 3 Lanes  2:30-3:30PM 3 Lanes*	5:30 AM-9:15 AM 3 Lanes  11:10 AM-12:55 PM 3 Lanes*  12:55-1:15PM <b>1 lane only*</b>  <b>4:00 PM – 4:45 PM</b> 3 Lanes*  7:35 PM-9:15 PM 3 Lanes*	5:30 AM-8:45 AM 3 Lanes  8:45-9:15AM <b>1 Lane only*</b>  11:10 AM-12:55 PM 3 Lanes  12:55-1:15PM <b>1 lane only*</b>  7:35 PM-9:15 PM 3 Lanes	5:30 AM-9:15 AM 3 Lanes  11:10 AM-12:55 PM 3 Lanes*  12:55-1:15PM <b>1 lane only*</b>  <b>4:00 PM-4:45 PM</b> 3 Lanes*  7:35 PM-9:15 PM 3 Lanes	5:30 AM-8:45 AM 3 Lanes 8:45-9:15AM <b>1 Lane only*</b>  11:10 AM-12:55 PM 3 Lanes  12:55-1:15PM <b>1 lane only*</b>  7:35 PM-9:15 PM 3 Lanes	5:30 AM-9:00 AM 3 Lanes  11:10 AM-12:55 PM 3 Lanes*  <b>4:00 PM-4:45 PM</b> 3 Lanes  7:35 PM-9:00 PM 2 Lanes	7:00 AM-8:15 AM 3 Lanes*  1:20 PM – 4:00 PM 3 Lanes
<b>OPEN/FAMILY SWIM</b>	1:00 PM- 2:30 PM NO LAP SWIM Families Only  2:30-3:30	<b>4:00-4:45PM*</b> <b>No Family Time on Monday eve New time begins 9/19</b>	7:35 PM-9:00 PM	<b>4:00 PM-4:45 PM*</b> 7:35 PM-9:15 PM	7:35 PM-9:00 PM	<b>4:00 PM-4:45 PM*</b> 7:30 PM-9:00 PM	1:20 PM-4:00 PM
<b>AOA (Active Older Adults) 50+ YEARS</b>		1:30 PM-2:30 PM		1:30 PM-2:30 PM		1:30 PM-2:30 PM	
<b>STINGRAYS SWIM TEAM</b> Please check your age bracket for appropriate times	Senior Stingray Members 11:00AM-12:15PM	4:45 PM-6:30 PM (check your age bracket for time)	5:00 PM-6:30 PM Rays 4:40-5:30 PM	5:00 PM-6:30 PM	5:00 PM-6:30 PM Rays 4:45-5:30PM	5:00 PM-6:30 PM Rays 4:45- 5:30 PM	Senior Stingray Members 11:30AM-1:15PM
<b>CLASSES: CHECK BROCHURE FOR DETAILS</b>		9:00 AM-11:00 AM 11:00 AM-12:00 PM 12:55 PM-1:35 PM 5:00 PM-7:30 PM	9:00 AM-11:05 AM 12:55 PM-1:35 PM 4:00 PM-5:00 PM 5:00 PM-7:20 PM	9:00 AM-11:00 AM 11:00 AM-12:00 PM 12:55 PM-1:35 PM 5:00 PM-7:30 PM	9:00 AM-11:05 AM 12:55 PM-1:35 PM 4:00 PM-5:00 PM 5:00 PM-7:20 PM	9:00 AM-11:00 AM 11:00 AM-12:00 PM 1:00 PM-1:30 PM 5:00 PM-7:30 PM	8:15 AM-12:45 PM

Please review the monthly calendar, available at the front desk and posted at the pool, for pool closings due to swim meets.

\*Pool Time is shared with programming Any questions please call Barbara Glaude @ 860-426-9553 Please see reverse side for Pool Information and Rules